

# TIMETABLE

JUNE 2023

## MONDAY

Soft Play 0930 – 1700  
Gentle Pilates with Wilma – Chair based Pilates 1130 – 1230  
After School Soft play – half price term time only 1500 – 1700  
Special Needs soft play 1500 – 1900  
Pokemon Club 1530 – 1730  
Kumon Maths and English lessons for children 1600 – 1800  
Active Air Fitness – children's classes 1700 – 1900  
Active Air Fitness – adult's classes 1900 – 2100  
AA 1900 – 2100

## TUESDAY

Soft Play 0930 – 1700  
Paracise – 1030 – 1130  
Friday Club Sandwich meet – 1100 – 1300  
After School Soft play – 1/2 price term time only 1500 – 1700  
AHN – Taekwondo for adults and children 1730 – 1830

## WEDNESDAY

Soft Play 0930 – 1700  
Sensory Room Soft Play – 0930 – 1430  
After School Soft play – half price term time only 1500 – 1700  
Active Air Fitness – 1900 – 2100

## THURSDAY

Soft Play 0930 – 1700  
Art for Life – Adult Art Classes 1000 – 1700  
After School Soft play – 1/2 price term time only 1500 – 1700  
PizzArc – Every other Thursday 1800 – 2100  
Warm Hub for over 12's – Every other Thursday 1800 – 2000  
Inspired Heart – Wellbeing Art with Bex 1815 – 2015  
Active Air Fitness – adult's classes 1900 – 2100  
Women's Institute (2nd Thurs of every month) 1900 – 2200

## FRIDAY

Soft Play 0930 – 1700  
ZodiArc toddler gym session – 0915 – 1300  
Friday Club, Art & Drama for adults w/ special needs 0930 – 1500  
After School Soft play – 1/2 price term time only 1500 – 1700  
After hours Wellbeing Zoom Sessions 1600–1700  
Friday Club Socials – 1730 – 2130 (1st Fri of the month)  
Friday Club Cinema Night – 1730 – 2100 (3rd Fri of the month)

## SATURDAY

Soft Play 0930 – 1700  
Caleidoscope – Lego Club for Children 1000 – 1100

## SUNDAY

Soft Play 0930 – 1700  
City Of Praise – 1000 – 1200

More information can be found on The Arc website

Zodiac timetable can be found on their website

 [www.zodiacgymnastics.org.uk](http://www.zodiacgymnastics.org.uk)



**Bistro 0930 – 1800**  
**Hot & Cold Food Available**

Children's soft Play Parties  
Private Hire for Special Occasion Parties  
Hire for Charity Events & Room Hire  
suitable for a range of activities

The arc is a charitable organisation set up by The Caterham Barracks Community Trust. If you would like to know more or to get involved please do contact us.

# 2023

## ACTIVITY PROGRAMME



01883 330380



the arc 39 Weston Drive,  
Caterham, CR3 5XY



[www.thearccaterham.co.uk](http://www.thearccaterham.co.uk)



[boxoffice@the-arc-caterham.co.uk](mailto:boxoffice@the-arc-caterham.co.uk)



TheArcCaterham



The\_Arc\_Caterham

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Special Needs soft play 1500 – 1900  
Pokemon Club 15:30 – 17:30  
Kumon Maths and English lessons for children 16:00 – 18:00  
Active Air Fitness – children's classes 17:00 – 19:00  
Active Air Fitness – adult's classes 19:00 – 21:00  
AA 19:00 – 21:00

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Active Air Fitness – adult's classes 19:00 – 21:00  
Women's Institute (2nd Thurs of every month) 1900 – 2200

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Friday Club Cinema Night – 1730 – 2100 (3rd Fri of the month)

## SATURDAY

Soft Play 0930 – 1700  
Caleidoscope – Lego Club for Children 1000 – 1100

## SUNDAY

Soft Play 0930 – 1700  
City Of Praise – 1000 – 1200

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**Caterham Barracks Community Trust**



# Timetable June 2023

## MONDAY

Soft Play 0930 – 1700  
Gentle Pilates with Wilma – Chair based Pilates 1130 – 1230  
After School Soft play – half price term time only 15:00 – 17:00  
Special Needs soft play 1500 – 1900  
Pokemon Club 15:30 – 17:30  
Kumon Maths and English lessons for children 16:00 – 18:00  
Active Air Fitness – children's classes 17:00 – 19:00  
Active Air Fitness – adult's classes 19:00 – 21:00  
AA 19:00 – 21:00

## TUESDAY

Soft Play 0930 – 1700  
Paracise – 1030 – 1130  
Friday Club Sandwich meet – 1100 – 1300  
After School Soft play – 1/2 price term time only 1500 – 17:00  
AHN – Taekwondo for adults and children 1730 – 18:30

## Wednesday

Soft Play 0930 – 1700  
Sensory Room Soft Play – 0930 – 1430  
After School Soft play – half price term time only 1500 – 1700  
Active Air Fitness – 1900 – 2100

## Thursday

Soft Play 0930 – 1700  
Art for Life – Adult Art Classes 1000 – 1700  
After School Soft play – 1/2 price term time only 15:00 – 17:00  
PizzArc – Every other Thursday 1800 – 2100  
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Active Air Fitness – adult's classes 19:00 – 21:00  
Women's Institute (2nd Thurs of every month) 1900 – 2200

## Friday

Soft Play 0930 – 1700  
ZodiArc toddler gym session – 0915 – 1300  
Friday Club, Art and Drama for adults with special needs 0930 – 1500  
After School Soft play – 1/2 price term time only 15:00 – 17:00  
After hours Wellbeing Zoom Sessions 1600–1700  
Friday Club Socials – 1730 – 2130 (1st Fri of the month)  
Friday Club Cinema Night – 1730 – 2100 (3rd Fri of the month)

## Saturday

Soft Play 0930 – 1700  
Caleidoscope – Lego Club for Children 1000 – 1100

## Sunday

Soft Play 0930 – 1700  
City Of Praise – 1000 – 1200

**More Information can be found on the arc website**

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